

Realhemp™ Protein is Easy to Digest, Non-Gmo, Gluten & Allergen Free

Realhemp™ protein powder is a complete protein containing all nine essential amino acids and is naturally gluten-free, lactose-free and soy-free.

Realhemp™ protein is low in fat and low in cholesterol. Completely natural and plantbased, Realhemp™ protein powder is the perfect for vegans, vegetarians and clean eating lifestyles.

Realhemp™ protein powder has many easy and delicious applications and can easily be added to power drinks, smoothies, yogurt, fruits, vegetables, nutrition bars and baking recipes.



Features

Realhemp™ protein powder provides:

- Essential iron, folate and B vitamins for children and expecting women
- Adequate protein source for vegan and vegetarian diets
- All nine essential amino acids
- Arginine and lysine, providing a safe and natural way to gain muscle mass
- Glutamine, which helps increase protein and glycogen synthesis in the body

Four tablespoons (30g) of 50% Realhemp™ protein powder provides 120 calories, 15g of highly digestible quality protein, 7g of dietary fiber, and more than 25% of the Recommended Daily Intake (RDI) for B vitamins, iron, copper, folate, magnesium, manganese, phosphorus and zinc.

Process: No heat or chemicals are used to process Real Hemp Protein. Hemp seed cake (defatted hemp seed) is mechanically milled using the latest technologies to provide a smooth textured clean protein without any grittiness.

Availability

Realhemp™ protein powders are available in bulk wholesale quantities of 22.7kg (50lb) grain bags, 91kg (200lb) fiber drums, and 907.2kg (2000lb) mini bulk tote bags.

Nutrition Facts

Product of Canada		HS Code: 2306.90.0130	
Brand name	Realhemp™ Protein Powder (50%)		
Color & appearance	Light green, finely ground powder		
Flavor & Odor	Slight nutty flavor and odor		
Purity	Seed cleaned to 99% purity		
Food use	Edible food ingredient to boost protein content		
Packaging	50 lb bags, mini bulk tote bags		
Shelf life	14 months from the date of manufacture		
Storage	Keep stored in a cool dry place (<20°C) away from heat or sunlight. Humidity between 30-50%		
Accreditation	OU Kosher and Halal certified. Available as Certified Organic under Canada Organic Regime, Quebec Organic Reference Standard, USDA NOP and EC Regulation 834/07 and 889/08, JAS		

Nutrition Facts per 100g	
Amount	% Daily Value
Calories	400 (1650kJ)
Calories from Fat	100 (430kJ)
Total Fat 11g	17%
Saturated 1g	5%
+Trans 0g	
Polyunsaturated 9g	
Omega-6 6g	
Omega-3 2g	
Monounsaturated 1g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 1300mg	37%
Carbohydrate 23g	8%
Dietary Fiber 18g	72%
Soluble Fiber 1g	
Insoluble Fiber 17g	
Sugar 4g	
Protein 49g	
Vitamin A	0%
Vitamin C	0%
Calcium	15%
Iron	160%
Vitamin E	10%
Thiamine	100%
Riboflavin	25%
Niacin	70%
Vitamin B6	80%
Folate	100%
Phosphorus	160%
Magnesium	300%
Zinc	130%
Copper	110%
Manganese	750%
* Percent Daily Values are based on a 2,000 Calories diet. Your daily values may be higher or lower depending on your Calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat + Trans	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	Less than 3,500mg 3,500mg
Total carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram	
Fat 9	Carbohydrates 4 Protein 4

Fatty Acid Profile per 100g of 50% Hemp Protein Powder		
Fatty Acid	Weight (g)	Percent (%) of total Fat
Linoleic acid (LA) (Omega 6)	6.44	56.19
Alpha linolenic acid (ALA) (Omega 3)	2.05	17.89
Oleic acid (Omega 9)	1.15	10.03
Palmitic acid	0.71	6.20
Gamma linolenic acid (GLA) (Omega 6)	0.45	3.93
Stearic acid	0.26	2.27
Stearidonic acid (SDA) (Omega 3)	0.13	1.13
Arachidic acid	0.09	0.79
Conjugated linoleic acid (CLA)	0.05	0.44
C18:1 cis isomers	0.04	0.35
Behenic acid	0.04	0.35
C20 cis -11-eicosenoic	0.03	0.26
Lignoceric acid	0.02	0.17

Amino Acid Profile per 100g					
Amino Acid	Weight (g)	Amino Acid	Weight (g)	Amino Acid	Weight (g)
Aspartic acid	4.595	Tyrosine	1.407	Cysteine	0.857
Serine	2.287	Histidine	1.222	Methionine	1.12
Proline	1.688	Arginine	5.323	Leucine	3.04
Alanine	1.943	Theronine	1.567	Phenylalanine	2.071
Valine	2.192	Glutamic acid	8.338	Lysine	1.685
Isoleucine	1.718	Glycine	2.013	Tryptophan	0.376

Ingredients: 100% Canadian hemp protein powder (50% protein powder by weight)
 Protein Digestibility: 90%
 PDCAAS: 0.48
 Amino Acid Score: 0.56
 Net Protein Efficiency Ratio: 0.66

For more information or to place an order please call **1-888-781-1235** or reach us via email at info@realhemp.com
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